



Horarios Clases Colectivas

	Lunes	Martes	Miércoles	Jueves	Viernes	Sábado	Domingo
7:10 - 8:00	CICLO	BODYPUMP	GLUTE TRAINING	CICLO	FUNCIONAL		
9:15 - 10:00	BODYPUMP	FUNCIONAL		GLUTE TRAINING			
9:30 - 10:15			PILATES		BODYPUMP		
10:00 - 10:50	PILATES	CICLO		CICLO		BODYPUMP	CICLO
11:00 - 11:50						CICLO	PILATES
							FUNCIONAL
12:00 - 12:50						ZUMBA	YOGA
						CORE TRAINING 20'	
14:15 - 15:05	CICLO	GLUTE TRAINING	BODYPUMP	PILATES	FUNCIONAL		
18:00 - 18:50	PILATES	BODYPUMP	GLUTE TRAINING	YOGA	CICLO		
	FUNCIONAL		CICLO				
19:00 - 19:50	CICLO	PILATES	BODYPUMP	CICLO	FUNCIONAL		
	YOGA	GLUTE TRAINING	FUNCIONAL	PILATES			
20:00 - 20:50	ZUMBA	CICLO	ZUMBA	BODYPUMP			
	GLUTE TRAINING	YOGA	CORE TRAINING 20'	FUNCIONAL			